

## LOWER CAPE MAY REGIONAL SCHOOL DISTRICT

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687 ROUTE 9, CAPE MAY, NJ 08204-4697



**JACK J. PFIZENMAYER**

*Superintendent*

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September 2009

Dear Parents/Guardian:

There have been many recent reports (television, radio, and newspaper) regarding the H1N1 flu and the impact that the flu may have on schools throughout the country. We have been, and will continue to be, in contact with local, county, and state officials regarding the flu's impact if and when it occurs. Our school physician, Dr. Tordella, is also the county medical director, and we have been in contact with each other throughout the summer regarding this issue.

Please carefully read the enclosed letter from the Cape May County Health Department regarding the H1N1 flu. We will be updating you with any information that we receive from local, county, state and federal sources by putting information on our website at [www.lcmrschools.com](http://www.lcmrschools.com).

I want you to know that we will continue to stress comprehensive cleaning throughout both schools every day. We have had hand sanitizers located throughout the high school and Teitelman School for a number of years. We have added more sanitizers to both schools this year, and we urge students to use these devices. Also proper hygiene is essential in combating any flu, so please talk with your children regarding the following appropriate measures to take to combat this illness:

- Washing hands frequently
- Cough or sneeze into a tissue or shirt sleeve – not your hands
- Keep your child home, when sick, for at least 24 hours after the fever is gone.

For your child's health and the health of other children please follow these precautions.

Once again, please read the attached letter from the County Health Department, check our web site for updates, and feel free to contact the school's nurse if you have any questions or concerns.

Sincerely,

Jack J. Pfizenmayer  
Superintendent

JJP/ns