

R.M. TEITELMAN NEWSLETTER

District Website:

www.lcmrschools.com

Have a question or comment? Contact the Principal at: soleg@lcmrschools.com or 884-3475 (ext 213)

Mar 2010

From the Principal...We're Getting Ready for the NJ ASK

NJ ASK INFO

Every student participates in the NJ ASK at the end of April. Testing will take place April 27 to April 30. Attendance is critical, so please check your calendar now and make alternate plans for any appointments during this time. Students are apt to perform best when they take the test with everyone else. You should be confident that our students are well prepared for this assessment. Also, we should receive the NJ ASK test results from the State some time during early summer.

Helping your child do well on the NJ ASK

- Keep standardized test results in perspective. They are a 'snapshot' of your child's performance on a particular day. Your child's progress over time is equally important.
- Talk to your child about the upcoming NJ ASK. Explain that it is important to give his/her best effort. However, point out that it is okay if they are unsure of some answers.
- Encourage your child to proofread homework assignments. Proofreading and correcting one's errors is a great test-taking skill.
- Eating and sleeping habits influence school per-

formance. Keep this in mind at all times. Research says that Middle School students should be getting at least 8 or 9 hours of sleep every night. A good night's sleep each night during the week of testing is important.

- Your child should eat a healthy breakfast the morning of each test.
- Get to school ON TIME. Having time to relax and get ready improves the way students approach the challenges which the test presents.
- Students should listen carefully to test directions to make sure they know what is required. "Don't start working on problems until you know what you're expected to do."
- Finally, a positive mental attitude about testing will go a long way. By the time the test rolls around they will be ready.

Mar/Apr High- lights

Mar 11- NJ ASK -Lang Arts Night- 6:00 pm
Mar 12- Related Arts Cycle 4 ends
Mar 17- RMT Band- NYC St. Patrick's Day Parade
Mar 18- NJ ASK- Lang Arts Night-6:00 pm
Mar 23- NJ ASK Math Night-6:00 pm
Mar 24- Family Fitness Night-6:30
Mar 31- Board of Education Meeting- 7:00
Apr 1- Early Dismissal
Apr 2-11 Spring Break
Apr 14- End of 3rd Quarter
Apr 14- NJ ASK Math Night- 6:00 pm
Apr 27-30 NJ ASK Testing
Apr 29- Board of Education Meeting
Apr 30- Early Dismissal- In-Service

NJ ASK Family Nights

Our NJ ASK Nights are an opportunity for students and parents to get together to learn about strategies for success on the NJ ASK. Everyone in attendance will learn together through a series of activities designed to enhance student scores on the NJ ASK and leave with practical Math and Language Arts strategies that will strengthen your child's skills. A light dinner will also be served.

NJ ASK Family Night Schedule:

Mar 11- Language Arts- 6 pm

Mar 18- Lang

JOIN US ON FACEBOOK

R.M. Teitelman is now on "Facebook." The purpose of our Facebook page will be to improve parental communication and create an interactive experience for our school community. The Teitelman Facebook page will also give our community the opportunity to share personal thoughts and relevant ideas that will help to improve our school. Also, this will be another way for parents and students to find out about activities that are going on at Teitelman. To join, just go to Facebook and search for the Richard M. Teitelman Middle School page.

Not Yet *(From the National Middle School Association– Family Connection –2010)*

Since we remember our children when they were infants, toddlers, and grade schoolers, we think that by the time they are 12 and 13 years old they are rather "grown up." While it is true they can now carry on a thoughtful conversation (when they so choose), plan and organize a project (though often at the last minute), and they generally seem older and wiser, don't be fooled. Young adolescents are just that—young and adolescent. They may be able to strike adult poses and beg to dress like college kids, but they are still quite young and not ready to be fully responsible for themselves, much less understand and deal with the complexities of the adult world without guidance from parents or guardians. Young adolescents do not fully grasp the content of much of what they see on TV or read or hear on the news or over the Internet. It's up to parents and guardians to monitor what they are seeing and hearing and to communicate the family's values. Young adolescents are still very concrete in their thinking, so take time to use down-to-earth examples to get your point across. More important, make sure there is plenty of time to listen and get at the real issues. Though your young adolescent may seem quite responsible at times, there will be many more instances of irresponsible behavior, particularly when with friends. Do not be lulled by your child's outside appearance. Each may look like a young adult, but the truth is, each still needs careful monitoring.

Parent Teacher

Meetings- Want to meet with your child's teachers? Simply contact the guidance office and they will help you set up a meeting.

SNOW DAYS LENGTHEN SCHOOL YEAR

Due to our four snow days, the last day of the school year is now scheduled for Wednesday, June 23rd. We will have our closing exercises on the last day of school.

R.M. Teitelman Middle School
687 Route 9
Cape May, NJ 08204

To the Parent/Guardian of: